



Barbara's Picks!

Kitchen-tested by Morden's
own Barbara Dixon

Morden's Organic Farm Store

801 Collinson Road, Dundas, ON
905-627-4774

Monte Christo Sandwiches

(aka the 10 minute sandwich)

Prep. 5 minutes, Cook 5 minutes, Makes 4 servings

4 eggs

2/3 cup milk

¼ tsp pepper

Pinch salt

8 thick slices white bread

1 tbsp Dijon mustard

4 slices Swiss cheese

4 oz each deli turkey and ham slices

1 tbsp each vegetable oil and butter

1. In large shallow dish, whisk together eggs, milk, pepper and salt.
2. Spread 4 of the slices of bread with mustard, cheese, turkey and ham and top with the remaining bread.
3. Dip each sandwich into egg mixture, turning to soak well.
4. In large non-stick skillet, heat oil and butter over medium heat. Cook sandwiches, turning once, until crusty and browned and cheese is melted (about 5 minutes).

The kids will love it!